

Heartbeat Charts

for Rhythm Dictation Activities

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Instructions for Assembly:

1. Print page 1 normally and pages 2-3 double-sided. You may wish to print multiple copies of pages 2-3 double-sided, according to how many students will participate in the activity.
2. Cut out the directions on page 1. Then, cut apart the heartbeat charts along the dotted line. Laminate if desired.

Heartbeat Charts

for Rhythm Dictation Activities

1. Prepare a list of one-measure rhythm examples in either 3/4 or 4/4 time. The examples should involve only quarter notes, quarter rests, and eighth notes.
2. Pass out a Heartbeat Chart and a handful of game tokens to each student. Instruct them to flip to either the 3/4 or 4/4 side of their Heartbeat Chart.
3. Tap/chant a rhythm example. Ask students to repeat it back to you a few times together. Once they have internalized the rhythm, ask them to notate the rhythm on their Heartbeat Chart using the tokens.
 - a. ♪ = 1 token in a heart.
 - b. ♪♪ = 2 tokens in a heart.
 - c. ♪ = a blank heart.



4. Provide feedback for students as they work. After a certain amount of time, display the correct answer and allow students to self-correct if necessary.

To make things harder, print more heartbeat charts and ask students to dictate two-measure examples.



